

February

Share

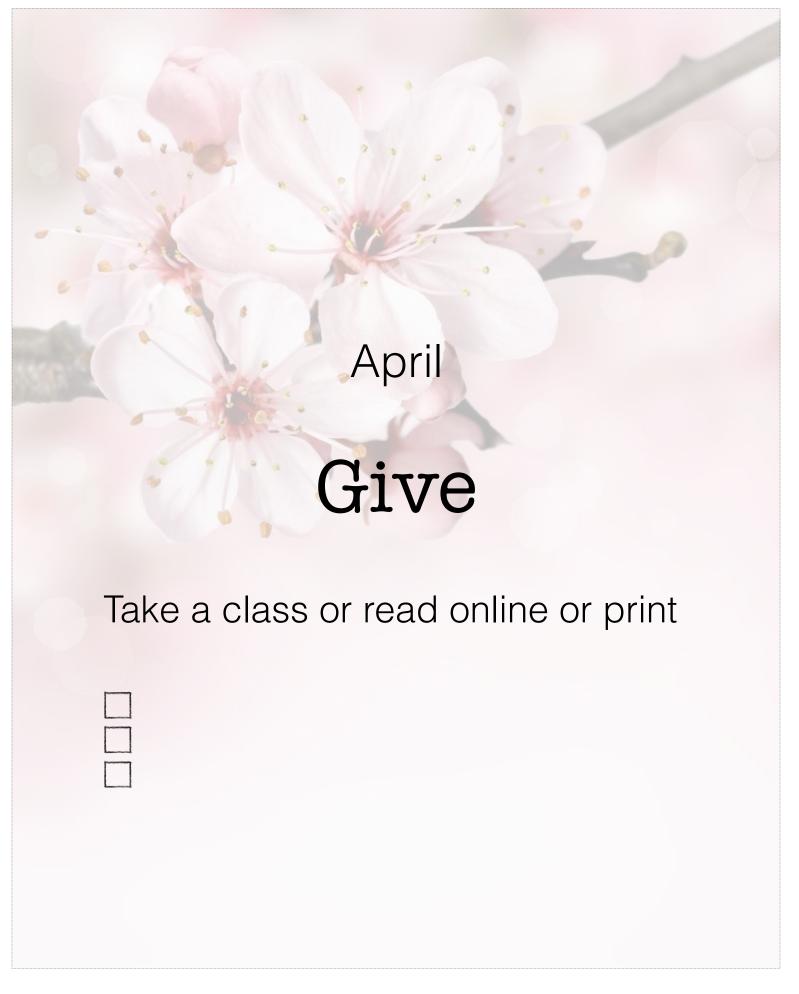
Share time or your talents with others

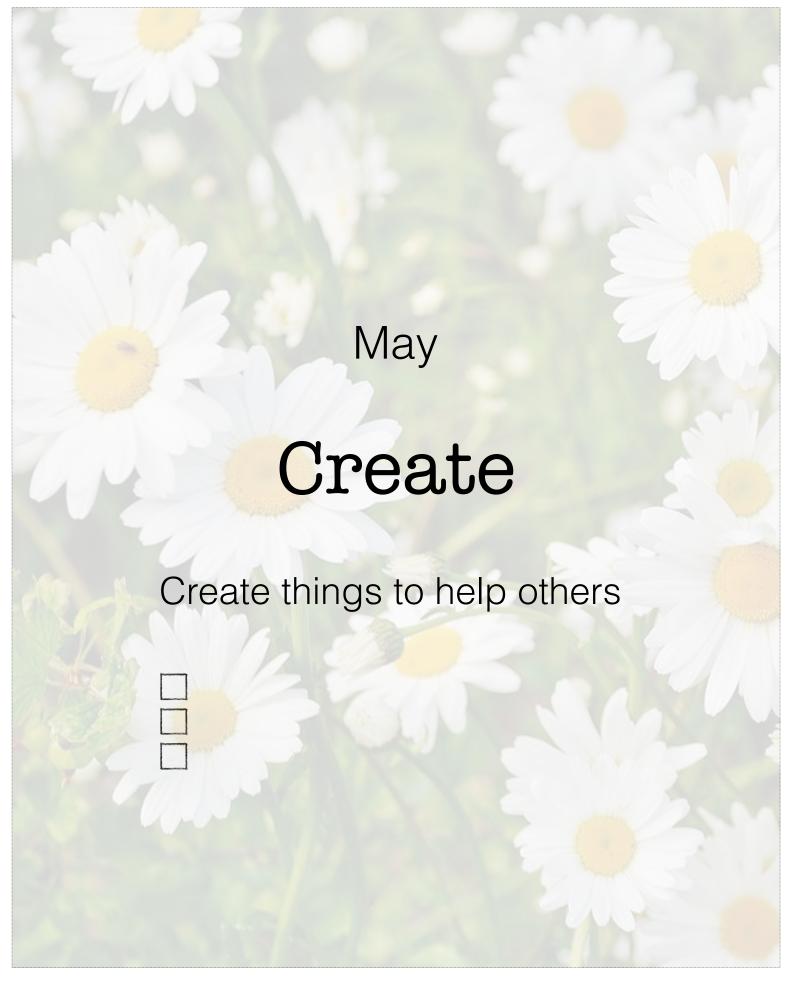


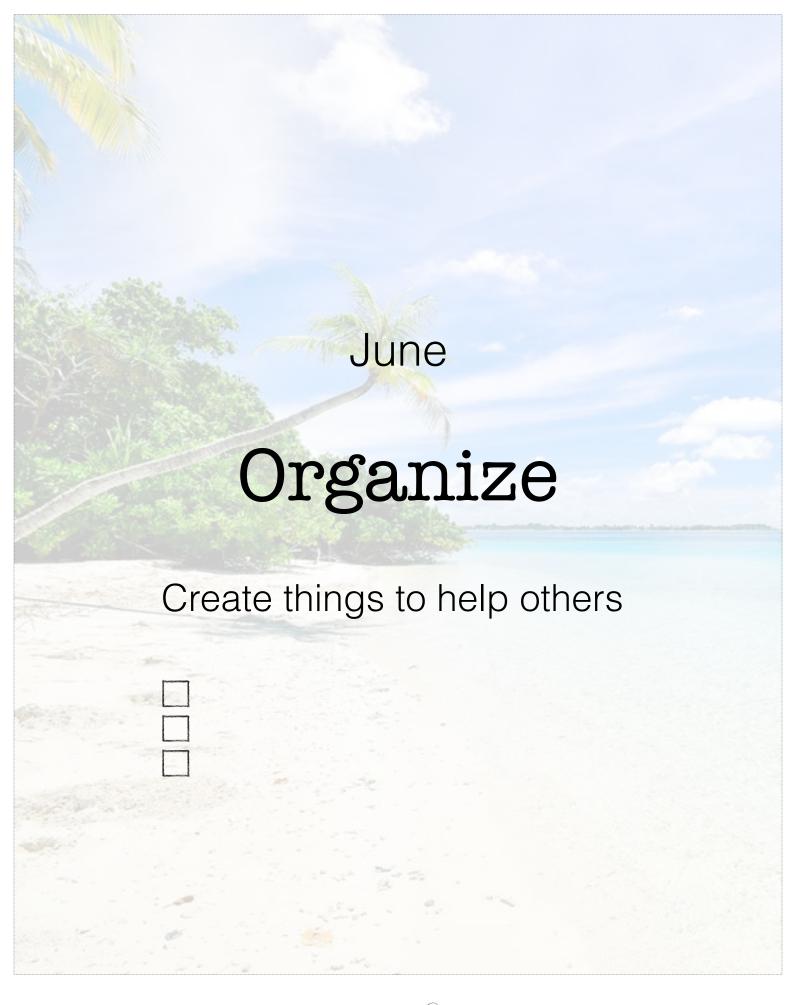




## March Learn Take a class or read online or print







July Happiness Do small things to spread happiness

## August

## Visit

Spend time visiting those alone. Take someone to visit local places.



September Stop Stop doing things that are not working for you or those around you

October Teach Teach things that help others

## November Try New Step out of your comfort zone and try something different

