

January

Easy

Develop ideas to make life easier

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February

Share

Share time or your talents with others



March

Learn

Take a class or read online or print





April

Give

Take a class or read online or print

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May

Create

Create things to help others

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June

Organize

Create things to help others

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July

Happiness

Do small things to spread happiness

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August Visit

Spend time visiting those alone.
Take someone to visit local
places.

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September

Stop

Stop doing things that are
not working for you or those
around you



October

Teach

Teach things that help others

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November

Try New

Step out of your comfort zone
and try something different



December

Play

Take time to play

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