

Be Happy



Find your passion



Be Helpful



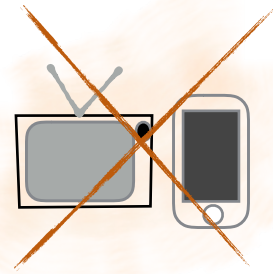
Challenge yourself



Move More



Eat Less



Limit TV & internet



Be your own star



Love your work



Play



Find Balance



Make time for friends



Wonder & imagine