

Shopping List

Meat

Cleaning & Paper

Fridge

Bakery

Freezer

Chips & Snacks

Produce

Breakfast

Can Goods

Baking

Health & beauty

Pet

Drinks

Misc.

Week of Meals

Breakfast

Lunch

Dinner

Snacks

Main course	Side	Dessert
Hamburgers	Pasta	Cookies
Hamburger steak	Pasta salad	Cheesecake
Chili	Biscuits Rolls	Chocolate pie
Meatballs	Rolls	Apple pie
Stuffed hamburger steak	Cheesesteak	Putting
Meat loaf	Salad	Jell-O's
Tuna sandwich or chicken salad	Oriental salad	Brownie sundae
Meatball sub	Sliced tomatoes	Nut cups
Turkey sandwich	Canned veggies	Chocolate pudding cake
Grilled cheese	Roasted corn	Vanilla cinnamon pudding cake
Italian wraps	Spinach	Spice cake
BLT	Celery and cream cheese	Fun cake
Burritos	Mac& cheese	Brownies
Soft tacos	Cottage cheese	Baked apples
Nachos	Coleslaw	Cinnamon rolls
Mexican cubed beef	Cucumber and onions	Pretzels
Roast burritos	Deviled eggs	Lemon cups
Enchiladas	Mexican corn	Pulled cinnamon bits
Mexican rice with sausage	Fried potatoes	Baked pears
Chili chicken enchiladas	Baked potatoes	Key lime pie
Fried chicken	Wedge salad	Mud pie
Turkey breast	French fries	Fruit salad
Chicken wings	Mexican pasta	
Curry chicken	Salsa and melted cheese	
Chili cheese chicken	Chips	
Egg rolls	Scalloped potatoes	
Won ton bowls	Twice baked potatoes	
Buffalo chicken	Mango salsa	
Roast	Cornbread	
Cube steak	Grilled onions	
Mexican steak		
Chicken fried steak		
Steak or chicken fingers		
Omelettes Breakfast		
Pork Chops or Pulled pork		
Shrimp or chicken scampi		

Meat	Condiments	Baking I spices	Kitchen misc.	Personal	Dairy
Hamburger	Ketchup	Flour	Foil	Bath soap	Milk
Ham	Mustard	Sugar	Wax paper	Shampoo	Almond milk
Roast	Mayo	Baking powder	Parchment paper	Conditioner	Soy milk
Chicken	Tabasco	Baking soda	Saran wrap	Lotion	Eggs
Steak	Tapitio	Salt	Freezer paper	Bath salts	Cheese slices
Cube steak	Salsa	Pepper	Freezer bags	Bubble bath	Deli cheeses
Pork chops	Dill pickles	Powdered sugar	Sandwich bags	Spa bath	Shredded cheese
Chorizo	Sweet pickles	Coco	Large food bags	Razors	Sour cream
Bacon	Vinegar	Baking chips	Sm. freezer bags	Shave cream	Cream cheese
Sausage	Red wine vinegar	Baking nuts	Trash bags	Hair gel	Whip cream
Hot dogs	Apple cider	Cake flour	Napkins	Hairspray	Heavy cream
London broil	Ranch dressing	Box milk	Kleenex	Cotton balls	Cottage cheese
Shrimp	Italian dressing	Cake mix	Toilet tissue	Q tips	Yogurt
Turkey	Teriyaki sauce	Frosting	Paper towels	Toothpaste	Butter
Cubed beef	Olive oil	Brown sugar	Cleaning	Floss	Unsalted butter
Sausage links	Cooking spray	Vanilla	Ajax	Toothbrushes	Canned bread
Italian sausage	Jalapenos	Spices	Dish soap	Contact cleaner	Dips
Salmon	Pepper Cini	Old Bay	Dishwasher soap	Ibuprofen	Frozen
Fruit and veggies	Soy sauce	Chili powder	Lime me	Aspirin	Ice cream
Lemon I Lime	Horseradish	Garlic salt	Laundry soap	Tums	Cool whip
Tomato	Steak sauce	Shortening	Softener	Deodorant	Frozen fruit
Sun-dried tomato	Olives	Oil	Bleach	Drinks	Biscuits
Onion	Green chilies	Olive oil	Starch	Soda	Bread
Lettuce	Balsamic vinegar	Bakery	Dryer sheets	Coffee	Veggies
Jalapenos	Gravy mix	Bread	Windex	Tea	Juices
Grapes	Dip mix	Grain bread	Furniture spray	Club soda	Breakfast
Bananas	Seasoning mix	Hot dog buns	Lime away	Espresso	Cereal
Apples	Misc	Hamburger buns	Ammonia	Water	Oatmeal
Pears	Peanut butter	Texas toast	Armor all	Lemonade	Granola
Oranges	Jelly	Steak rolls	Sponges	Juices	Pop tarts
Grapefruit	Honey	Tortillas	Dish towels	Sparkling water	Prunes
Peppers	Pasta	Corn tortillas	Spot shot	Snacks	Breakfast bars
Cucumbers	Spaghetti	Taco shells	Vivid	Cookies	Can goods
Cabbage	Parmesan cheese	English muffins	Degreaser	Chips	Soup I Broths
Garlic	Pasta sauce	Muffins	White vinegar	Crackers	Canned veggies
Potato	Canned tomatoes		Murphy's oil soap	Popcorn	Canned fruit
Sweet potato	Tomato sauce		Tile cleaner	Pets	Canned beans
Scallions	Tomato paste			Treat	Tuna
Blueberries	Brown rice			Pumpkin	Chicken
Broccoli	Dried beans			Salmon	Pumpkin